

#5daysofdreamsandplans

Instagram Photo Challenge

DAY 1: Let us know the one dream/goal that you achieved this year

DAY 2: What did you focus on to help you achieve your dream/goal?

DAY 3: A quote that kept you motivated

DAY 4: How did you reward yourself along the way to achieving your dream/goal?

DAY 5: Describe how you felt at the beginning of the journey to how you feel now that you have achieved your dream/goal

The challenge starts December 1st, be sure to tag us and to use the specific #

We can't wait to see your pics and read about your story!

Lisa (@fromdreamtoplan)

Annie & Rachel (@two.brits)